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**Celebrity Pg 14**

**Wood sick of false Manson stories**



## Freed journalist recounts month with abductors

JEFF HODSON  
for Metro Canada

**AFGHANISTAN** Vancouver journalist Mellissa Fung was chained and blindfolded and held in a cave in Afghanistan for four weeks, Fung said in a video released yesterday.

Fung was imprisoned in a "very small cave" that barely allowed her to stand up, she told a director of Afghanistan's intelligence agency. She was never hurt and was only mistreated when she was chained up.

Fung was blindfolded for much of the ordeal and was watched by an abductor



Mellissa Fung

for the first three weeks. The last week she was chained up, but wasn't watched.

The 35-year-old CBC reporter was snatched Oct. 12 by armed men near a refugee camp outside Kabul and was held in a province west of the Afghan capital. She was freed Saturday.

A worldwide news blackout was requested by the CBC and prevented the story from getting out.

In a statement Saturday, Prime Minister Stephen Harper commended Fung for her personal bravery and said no ransom was paid for her release.

Back home, Fung's mother Joyce told CBC-TV in Vancouver that her daughter was always "calm and collected" and was able to handle stressful situations.

Joyce Fung said she expects her daughter will continue in journalism and said the ordeal will help her better understand what people in those situations are going through.

Fung got her start as a reporter with The Vancouver Sun. She also worked in the area for Global-TV and CBC-TV.

**ShareYourViews**  
ottawalatters@metronews.ca

Retro

Reflections



Jaclyn Bates of Smiths Falls tries on some retro accessories during Ottawa's annual Vintage Clothing Sale, held at the Chateau Laurier yesterday. Bates, 20, enjoys adding vintage and classic accents to her wardrobe. Story on page 2

# Premiers seek action in meeting with PM

Provincial, territorial leaders together for economic summit

**A push for infrastructure spending and misgivings about Canada's equalization program will top the agenda today when Prime Minister Stephen Harper meets with premiers and territorial leaders to discuss the global economic crisis.**

But don't expect quick fixes. That was the caution voiced by the prime minister's office, which is billing the high-level political summit as an "exchange of ideas" in advance of Harper's trip to Washington next weekend to talk about the economy with G20 leaders.

"Obviously we are in a pe-

riod of global economic instability. There are no easy solutions," Harper said.

Yet premiers are arriving seeking action, including increased infrastructure investments and aid for a battered manufacturing sector that has left thousands out of work.

Harper called the first ministers' meeting the day after the Oct. 14 election in response to the economic meltdown. Insiders say Ontario Premier Dalton McGuinty will be looking to Harper for help with the province's sputtering automotive sector, among other things. Pointing to what

## Building bridges

Infrastructure spending is also expected to be high on the wish list of Premiers, who will make the argument that such investments create a vital economic stimulus while providing long-term benefits for communities.

national governments in the U.S., the United Kingdom, and France have done for their economies, Ontario officials want Harper to be more engaged in boosting industry.

Ontario comes into the meeting for the first time

as a "have not" province. Canada's most populous province will get \$347 million from the national equalization program designed to aid poorer regions. It also recently revealed it is running a \$500-million budget deficit.

But Queen's Park still complains that it's getting short-changed. McGuinty plans to continue his "fairness" crusade against Ottawa to bolster Employment Insurance benefits for Ontario workers, increase federal health transfers, and get regional economic development funds for the province.

TORSTAR NEWS SERVICES

## Canada's oldest veteran passing torch at ceremony

**REMEMBRANCE** The future and the past will come together tomorrow in Ottawa to mark Remembrance Day, in a ceremony that allows Canada's last surviving World War I veteran to pass a torch — via video.

John Babcock, age 108, will pass a torch via video from his home in Spokane, Wash. to a World War II veteran at the ceremony planned for the National War Memorial.

The torch will then change hands to a Canadian veteran of the Korean War, a peacekeeper, and then to a veteran from Afghanistan, who is still serving.

"The torch is a sacred symbol of the Royal Canadian Legion. It is the Torch of Remembrance," said Legion spokesperson Bob Butt.

The torch passing will happen following the Act of Remembrance following a two-minute silence, on the 90th anniversary of the armistice with Germany that effectively ended World War I.

Prime Minister Stephen Harper and Governor-General Michaëlle Jean will attend. A pipe band will march from the Cartier Square Drill Hall at 10 a.m. to collect veterans on Queen Street before proceeding towards the memorial. The ceremony begins at 10:55 a.m.

Thousands are expected for the ceremony.

The Canadian Forces will also hold a ceremony at the National Military Cemetery at Beechwood Cemetery, at 10:45 a.m.

TIM WIECLAWSKI/METRO OTTAWA



**Workology pg 9**

Limb maker gets MP3 order



**Entertainment pg 11**

McGinnis bets the Bond way

**Going Green pg 8**

Believing in wind power

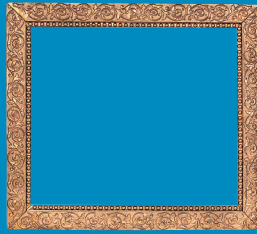




A man suffered life-threatening head injuries after a single-vehicle accident on Highway 417 on the weekend. The vehicle rolled and was buried in a wooded area west of Anderson Road on Friday night. The man, 35, was ejected and found 20 metres away. **ONTARIO PROVINCIAL POLICE**

**Highway rollover throws man from car**

# Ottawa



## Gallery left hanging

The federal government on the weekend abruptly cancelled plans to select a new site for the proposed Portraiture Gallery of Canada, saying proposals received from across the country failed to meet its requirements. Ottawa was thought to be one of the final three cities in the running, along with Calgary and Edmonton.

GOVERNMENT OF CANADA

## 'Despicable' theft angers veterans

**Just before Remembrance Day, a woman has been caught on tape possibly stealing poppy box cash from a west-end coffee shop.**

The video appears to show a woman throwing money into her bag and using napkins to cover it up as a staff member at a Tim Hortons at 430 West Hunt Club Rd. was filling her order.

Bob Harkness of the Royal Canadian Legion brought the surveillance video to Ottawa police. "We are charities working to help other people," he

**"I'd like to see the individual maybe do a couple months of cleaning bedpans."**

Bob Harkness, Royal Canadian Legion

said. "It's despicable."

No one knows how much money was taken; the box had only been out for about 24 hours. Still, veterans and police say the principle is what counts.

"This is money that's being donated for people in need, and the fact that it's stolen, that sort of adds another edge to the whole crime," said Staff Sgt. Lynne Turnbull.

"I'm sure somebody will know who that person is. The video quality is very good."

Harkness has his own punishment ideas, though. "I'd like to see the individual maybe do a couple months of cleaning bedpans at our veterans' home, the Perley Rideau Health Centre," he said. "I think it would be good justice."

CTVOTTAWA.CA

## Remembrance Day reminders

What's happening — and what's closed

Remembrance Day ceremonies at Ottawa's National War Memorial tomorrow morning are expected to draw tens of thousands of people into the downtown core. As well, Remembrance Day brings with it the following municipal closures:

- A new bylaw passed by the city of Ottawa requires most retail stores to remain closed until after 12:30 p.m. tomorrow.
- OC Transpo will operate on a

revised schedule with minor reductions. Veterans in uniform can ride for free. OC Transpo sales and information centres will be closed, except for the Rideau Centre office, which will be open at 12:30 p.m.

- Swimming pools, arenas and fitness centres will be open and following regular schedules. However, city-operated childcare centres and libraries will be closed for Remembrance Day.

## Fire crews rush as blazes gut two city homes

**BLAZE** Separate fires yesterday in Ottawa caused \$370,000 in damages to two homes.

A blaze at a single-family home in Sarsfield yesterday afternoon resulted in \$250,000 in damages, while a fire earlier in the day destroyed part of a two-storey duplex and caused \$120,000 in damages in the Mechanicsville area.

Ottawa firefighters were called to a single-family split-level house at 2840 Colonial Rd. at 1:40 p.m., said District Chief John Gagnon. There were 27 fire vehicles, including tankers and supply pumps. It took firefighters two hours to control the fire.

Firefighters were still on the scene in the early evening doing overhaul, which involved pulling the structure apart to check for fires.

The fire caused \$150,000 in structural damages and \$100,000 in damages to contents. There were no injuries.

Earlier in the day, in Mechanicsville, firefighters were called to 189 Breeze-hill Ave. South at around 2 a.m. for a fire in the basement. The call escalated to a second alarm at 2:16 a.m., but was extinguished shortly afterwards.

No one was injured. Damage to the house is estimated around \$120,000 to structure and contents.

METRO OTTAWA

## Show serves inner sommelier

TRACEY TONG

tracey.tong@metronews.ca

We're already some of Canada's most knowledgeable people when it comes to wine, but thousands of people attended the Ottawa Wine and Food Show over the weekend to, er, brush up on their skills.

"Ottawa has a very intelligent wine market," show owner Joan Culliton said yesterday.

"The level of wine knowledge in Ottawa is among the highest in any city in Canada," she said, adding it could be linked with Ottawa's high rate of post-secondary education.

An estimated 25,000 people attended the 23rd annual show, which was moved to the Ottawa Civic Centre at Lansdowne Park for the first time.

With the guidance of sommeliers, attendees sipped and swished their way through 200 booths featuring wine from around the world, and tasted foods made by celebrity chefs in challenges including the 100 Mile Cookoff.

"When you look at the trend of wine and food, it's the mainstay of many people's hobbies," said Culliton of the show.

"It's a way to add a luxury element to your life."

It's nice to cater to a crowd that's so knowledgeable, said Martin Carriere, who was pouring Irony, a California wine from Napa Valley, to discriminating Ottawans at the show.

"They want to know



Ottawa resident Susie Cruess pours a glass of Bonterra organic cabernet sauvignon at the Ottawa Wine and Food Show yesterday.

**"The level of wine knowledge in Ottawa is among the highest in any city in Canada."**

Joan Culliton, Wine and Food show owner

more about the wine, and when you tell them, they understand," he said.

Charles Beauregard, of the new Holland Avenue restaurant-bar Canvas, attended the show to check out new wine and food.

"It's great for sourcing new products and to build

product knowledge," he said.

"It helps me learn about different wines out there without having to commit to buying a whole bottle," said Christine Eisen. "And it gives me an idea of what to buy next time I'm at the store."

## Retro racks attract rabid fashionistas

TRACEY TONG

tracey.tong@metronews.ca

Perhaps because of her indisputable sense of style, it's hard to believe Penelope Whitmore's affair with vintage clothing was born of necessity rather than a flair for fashion.

"It started out as more of an economic thing when I was going to the University of Ottawa and York," she said. "It was just more affordable."

Turns out, her fashion sense was dead-on.

The founder of the Vintage Clothing Show calmly looked on yesterday as thousands of people thumbed through racks of vintage clothing and ogled cases full of retro jewelry and accessories at the Chateau Laurier.

When Whitmore started the show, it was held in one ballroom with 18 exhibitors. Now in its 24th

year, it features 50 exhibitors and drew visitors from as far as Kitchener, Sudbury and Nova Scotia.

It's a passion that Whitmore understands. Decked out in a vintage lace-collared blouse and sweater and a vintage necklace, she pulls her latest purchase — made just that morning — from a bag.

"They're saddle shoes," she said. "I'm so excited."

The affordability of vintage clothing is something that surprises many people, and Toronto-based vendor Ian Drummond understands the appeal of vintage clothing.

"The 21st century is the synthesis of the 20th century," he said. "Anything goes. There are so many ways of expressing yourself, of making this your own."

"Fashion is so cyclical that adding classic pieces keeps it from feeling dated," adds visitor Jaclyn Bates, 20, of Smiths Falls.

## News in brief

**DOG BITE** A Rottweiler dog jumped a fence in Ottawa's west end yesterday and reportedly bit a child in the face. According to Ottawa Police, several young children were playing near the fence of a residence on Woodridge Crescent, near the Bayshore Shopping Centre, yesterday at around 1:10 p.m. when the dog jumped a short fence and attacked a nine-year-old boy. The boy suffered cuts to his bottom lip and gums. He was

treated at Ottawa's children's hospital and later released. Police and municipal bylaw officers went to the dog owner's residence but no one was home. Bylaw officers yesterday were still considering whether or not charges would be laid against the animal's owner. According to the Ottawa Humane Society, each year in Ottawa about 350 people are victims of dog bites, and most of those are young children.

METRO OTTAWA

metronews.ca

What's online today.

**Watch** a report on how authenticity trumps political correctness for military collectors at metronews.ca/canada

**Read** Guidy Mamann on sponsoring a common-law partner at metronews.ca/live

## Lotteries

**Friday, Nov. 7** Lotto Super 7 5, 7, 8, 27, 42, 44 and 46. Bonus 6

**Saturday, Nov. 8**

Lotto 6/49 2, 3, 19, 28, 36 & 45. Bonus 39

**Sunday, Nov. 9** Ontario Pick 3 0 6 4 Ontario

Pick 4 7 9 8 2 Encore 4418418 Daily Keno

01, 10, 13, 16, 17, 18, 24, 26, 27, 28, 34, 35, 41,

54, 56, 59, 60, 64, 67, 70

These results are not official.





**Law student found guilty of manslaughter**

A B.C. Supreme Court jury has found a university law student guilty of manslaughter in a stabbing death outside a country club in West Vancouver more than two years ago. Sasan Ansari, 29, had originally been charged with second-degree murder in the death of Joshua Goos, 27. **CBC NEWS ONLINE**

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# Canada



## Prison Taser use on hold

The program aimed at introducing Tasers into Canadian prisons is on hold as authorities for the Correctional Services of Canada plan to assess two recent reviews of stun-gun use. The most famous of those reviews involved the death of Polish immigrant Robert Dziekanski, who died on Oct. 14, 2007, after being stunned by RCMP officers at the Vancouver airport.

METRO NEWS SERVICES

## EI program under attack

As Canadians head into tough times, more people will be looking to benefit from Employment Insurance (EI) to help them through the transition. The problem is, critics argue, changes to the federal program over the years mean fewer of them will qualify for help than during the recession in the 1990s, and those who do will get much less of it.

"A major concern is the lack of coverage," said CUPE economist Toby Sanger, adding that about 40 per cent of unemployed Canadians are covered by EI at any given time. "For those who aren't covered by it, what do they have to fall back on? Often it's social assis-

**55** The percentage of your previous earnings you will receive if you are on Employment Insurance up to a cap of \$435 a week.

tance, which has been really cut back in a lot of provinces. The social safety net has been much more tattered."

The low benefit rate — currently 55 per cent of previous earnings capped at \$435 a week but frozen from 1996 to 2006 at a maximum of \$413 per week — is one problem. But critics say changes to the system over a decade ago are another source of headaches.

TORSTAR NEWS SERVICE

## Vimy Remembering the fallen



A colour party marches away from the Canadian National Vimy Memorial following a Remembrance Day ceremony to commemorate members of the Armed Forces who have been killed since World War I in Vimy, France, yesterday.

CHRIS WATTE/REUTERS

## Dumont, ADP down in the polls

**QUEBEC** After nearly toppling the provincial Liberals in the 2007 Quebec election, the Action démocratique du Québec party and its leader, Mario Dumont, have come under fire from disillusioned former members of the party.

With another election less than a month away, the polls indicate the ADQ will be in tough to maintain its status as the official opposition.

## Retired cop hurt, wife found dead

**SHOOTING** A retired Toronto police officer is in hospital after his wife was shot to death in their Mississauga home yesterday.

Detectives won't say whether Larry Ryan is another victim or a suspect in his wife Susan's slaying.

METRO NEWS SERVICES

## News in brief

**CRISP** Autopsy results on the body of a Barrie, Ont., teen found three weeks after he ran away from home reveal he

died of injuries to his chest. A post-mortem examination on Brandon Crisp, conducted at Ontario's Office of the Chief

Coroner in Toronto, shows the injuries are consistent with a fall from a tree.

CBC NEWS ONLINE

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Libya.....24.9¢ South Africa 7.9¢  
Morocco.....18.9¢ Sudan.....12.9¢

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Haiti.....16.9¢ Bolivia.....6.9¢  
Honduras.....15.9¢ Chile.....2.9¢  
Panama.....3.9¢ Colombia.....3.9¢  
Uruguay.....7.9¢ Dominican Rep. 6.9¢  
Venezuela.....2.9¢ Mexico.....2.9¢

### Middle East



Jordan 4.9¢/min  
Lebanon 9.9¢/min  
Bahrain.....5.9¢ Kuwait.....6.9¢  
Egypt.....14.9¢ Oman.....17.9¢  
Iran.....3.9¢ Saudi Arabia.....3.9¢  
Iraq.....4.9¢ Syria.....18.9¢  
Israel.....2.9¢ U.A.E.....19.9¢

### South Asia



India 6.9¢/min  
Pakistan 5.9¢/min  
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## G20 stimulus to help ease recession, Carney says

**ECONOMY** Bank of Canada Governor Mark Carney said yesterday that fiscal stimulus measures around the world could soften the global recession and played down the idea of another round of co-ordinated interest rate cuts to shore up growth.

Carney said that after meeting with his G20 counterparts, he was confident that emerging economies and more than one advanced, industrialized economy would soon be announcing fiscal measures to boost growth.

"The sum of that could start to be significant," he told Reuters in an interview.

"What I heard, in terms of understanding the situation and of policy intent, suggests there's significant enough policy that could be forthcoming to reduce the depth of that recession," he said.

On the issue of co-ordinated interest rate action by central bankers, Carney said the kind of joint rate cut seen on Oct. 8 was "extremely rare."

He said: "I wouldn't overinterpret" talk of co-ordinated monetary policy to mean another round of cuts is imminent as each country responds to its own needs.

Carney said he expected leaders of the G20 leading emerging and industrialized economies to agree on a fairly short timeline for initial regulatory reforms for financial markets, saying 100 days would "not be out of character."

REUTERS

# Loonie's drop good: Flaherty

Despite short-term pain, businesses will benefit from lower dollar, finance minister says

**Canadian manufacturers will eventually benefit from a sharp drop in Canada's dollar by encouraging exports to the United States, Finance Minister Jim Flaherty said, but in the short term, the volatility will disrupt planning by businesses.**

Flagging U.S. demand means auto-related businesses and other manufacturers in Ontario and Quebec will not immedi-

**"That kind of volatility isn't good for business, because businesses need to plan and you can't plan when you get dramatic movements in currency valuations."**

Finance Minister Jim Flaherty

ately reap the benefits of the weakened Canadian dollar, Flaherty said in an interview with Bloomberg News that appeared on its website late Saturday.

The United States, Cana-

da's main trading partner, is close to slipping into recession after a collapse by its housing market, a contraction in lending to businesses and consumers and a plunge in the value

of stock portfolios.

The Canadian dollar plunged against its U.S. counterpart last month as commodity prices swooned.

Last year, Canada's currency rose to a record against the greenback as demand for commodities produced in Canada surged.

"That kind of volatility isn't good for business, because businesses need to plan and you can't plan

when you get dramatic movements in currency valuations," said Flaherty, who was in Sao Paulo, Brazil, for a meeting of G20 finance officials to discuss the global financial crisis.

The currency's decline "is a benefit to our manufacturers and exporters in central Canada, which will take time to show in the real economy, but it will show," he said.

REUTERS

## Edmonton Rodeo finals



Dustin McPhee of Hanley, Saskatchewan, holds on tight during his final ride at the CFR Bareback Finals yesterday afternoon, aboard Starburst. Organizers of the Canadian Finals Rodeo, Canada's premier indoor rodeo say attendance has been very strong this year.

## Poppy popularity growing: Supplier

JEFF HODSON  
Metro Canada

**REMEMBRANCE** The poppy, Canada's flower of remembrance, has seen an upswing in popularity as the ongoing military action in Afghanistan "brings the punch home again," the administrator of the Vancouver Poppy Fund said yesterday.

While the actual number of poppies worn won't be known until the end of November, Jim Howard said he's seen more people on the streets with poppies and higher

demand from the Royal Canadian Legion branches that he supplies.

Some branches outside of Vancouver, he added, have already run out of poppies.

"For the past couple of years, (the number of people wearing poppies) has been very good and I think the action in Afghanistan has a lot to do with it," said Howard.

"This is hitting the younger people now and they're starting to realize what the supreme sacrifice really is ... take a poppy, wear it with pride."



## Remains identified as that of missing 14-year-old

**EDMONTON** Police have identified remains found in rural Strathcona County, Alta., in August as those of a 14-year-old boy. Alexander Xavier Smith was reported missing after leaving his grandmother's home on June 28.

The remains were discovered south of Fort Saskatchewan by a farmer tilling his field on Aug. 25, almost two months after the boy went missing.

The troubled teen was said to have lived a high-risk lifestyle.

DNA testing confirmed the body was that of Smith.

Since 1988, 19 sets of human remains have been found in Strathcona County east of Edmonton. Many of the bodies found in the area in the past 10 years have been those of female sex trade workers.

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**Headphones could interfere with pacemakers**

A small, new study revealed yesterday that placing the ubiquitous ear buds or other headphones which contain magnets too close to the chest could interfere with the proper functioning of pacemakers used to keep hearts beating at their proper rhythm. **REUTERS**

# World/Business

## Obama to pass tax cuts

**The economic crisis will not stop President-elect Barack Obama from expanding health care, overhauling education and passing a middle-class tax cut soon after he takes office in January, senior aides said yesterday.**

Meanwhile Congress should act to ease the pain of an economy sliding into recession by extending unemployment benefits and boosting aid to states struggling to meet their healthcare obligations, they said.

The economic crisis will not prevent Obama from pursuing the priorities he outlined on the campaign trail — including dependence on foreign oil, said John Podesta, co-chair of Obama's transition team.

**REUTERS**

## Italian PM burned for suntan joke

**FRANCE** French first lady Carla Bruni-Sarkozy says she is glad not to be Italian any more after hearing Italian Prime Minister Silvio Berlusconi joke about U.S. President-elect Barack Obama's "suntan."



Carla Bruni-Sarkozy

Italian-born Bruni-Sarkozy, who wed French President Nicolas Sarkozy in February after a whirlwind romance, became a French national and lost her Italian citizenship after her marriage.

In an interview with French newspaper Le Journal du Dimanche yesterday, she criticized Berlusconi for saying on Thursday that Obama, who will be the first black U.S. president, was "handsome, young and also suntanned."

"When I hear Silvio Berlusconi making light of the event (Obama's election) and joking about the fact that Obama is 'always tanned', it feels strange to me," Bruni-Sarkozy was quoted as saying. **REUTERS**

## Indonesia Bali bombers killed



A policeman stands guard in front of villagers during the funeral procession of Bali bomber Imam Samudra in his home village in Serang, West Java province yesterday. Thousands of Indonesians poured onto the streets for the funerals of three militants executed yesterday for the 2002 Bali bombings.

DADANG TRI/REUTERS

### News in brief

**RUSSIA** Twenty people were killed on board a Russian nuclear submarine, the navy said yesterday, in an accident that was being blamed on the release of toxic gases.

**HAITI** Rescuers at a collapsed school in Haiti are ending the hunt for survivors and will soon demolish the remains of the building, where at least 87 people were killed.

**CALIFORNIA** Several thousand people gathered in Los Angeles on Saturday evening to protest a voter-approved ballot measure that bans same-sex marriage in California.

**REUTERS**

## Business

## New efforts to offset recession

**China approved a huge stimulus plan yesterday worth nearly \$600 billion US, part of a new global push by leading economies for measures to offset an expected recession in many countries.**

China's official Xinhua news agency said the world's fourth-largest economy approved a \$586 billion US government spending package between now and 2010, focused largely on infrastructure

and social projects.

In Brazil, finance ministers and central bank governors representing 90 per cent of the world's economy said they would work on ways to fend off the backlash of the credit crisis, either through higher spending or further interest rate cuts.

World leaders meet in Washington next weekend to try to agree on what kind of measures their governments need to prepare

in the coming months, and to discuss the lessons learned from the credit crisis. **REUTERS**

### Seeking reform

• In a communique, the G20 said it saw the need for comprehensive reform of the Bretton Woods institutions, such as the IMF and World Bank, "so that they can more adequately reflect changing economic weights in the world economy."

## Regulars roll back Tim Hortons visits

**RETAIL** Tim Hortons said it plans to introduce more value-priced combination meals and close up to 15 U.S. outlets to boost sales and profits.

Canada's largest fast-food chain said customers

are visiting the outlets less often as fuel prices spiked in summer and economic uncertainty grows — even the most loyal are beginning to "ration scarce dollars," the company's head said. **TORSTAR NEWS SERVICE**

### In brief

**AUTOS** General Motors Corp. reported a quarterly loss of \$2.5 billion US that will prompt an extra 500 layoffs in Oshawa, and warned it could go broke next year. Merger talks with Chrysler are also delayed.

**TORSTAR NEWS SERVICE**

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**OTTAWA'S NEWS LEADER**



# Comment & Views

## Comment

# Laughs not always easy

Humour can be difficult to put into words some days

HineSight

Anne Hines



Years ago, my younger daughter, Becky, asked what I do for a living. I said I write humour about my life. Her lip trembled. "I don't want people laughing at my mother," I had to be honest. "Sometimes they don't."

The challenge of writing humour is there may be 50 ways to say something, but only one of them will be funny. I don't always manage to find it.

I was at a dinner party recently, sitting beside a woman who said, "I read your article in the Metro."

Me: Oh yes.  
Her: It was about garbage sales.

Me: Garage sales?  
Her: I didn't think it was funny.

I spent a half-hour trying to explain it to her. By the time I finished, it no longer seemed funny to me either.

People will acknowledge the authority of doctors, hairstylists

and taxidermists. When it comes to funny, we all think we know best. You can tell someone they have no morals, no manners or no imagination, but suggest they've got no sense of humour and they'll really take offence.

Another challenge of

writing humour is, I don't always feel funny.

Take, oh, I don't know, today for example. I'm with my older daughter, who's

undergoing gender reassignment surgery. For those wondering what that is ... well ... when you fill out your medical form on arrival you tick off the "F" or "M" box. When you leave, you tick off the other one.

I spent today in a hospital hallway, sitting with my ex-husband, Michael, waiting to hear that our beautiful brave daughter now has, as she puts it, "a body her mind can make sense of." It was one of those times in life when I could

have used a good laugh. Not because I needed entertainment. But because I needed to be reminded to hope.

I couldn't think of anything. What I did think was, "I wish they were more liberal about who could have those morphine drips," and "This is not exactly the way I pictured my life working out."

Procedure over, our daughter safe, well and comfortably asleep, we made our way out of the clinic. I noticed a nearby lawn sign. There was one of those plywood storks announcing the family had just had a baby. "Look, they had a boy," I said.

Michael answered, "Yes, well, they think that now." And, finally, we laughed.

Anne Hines is an author and humour writer. She has written three novels and one collection of non-fiction humour.

**"The challenge of writing humour is there may be 50 ways to say something, but only one of them will be funny. I don't always manage to find it."**

## Views

# Healing is a long and complex process

By MONIA MAZIGH

Five years ago, on Nov. 6, 2003, my husband, Maher Arar, spoke publicly about his ordeal. I was sitting beside him at this press conference, listening to him describe the horrible conditions he endured for a whole year in a Syrian prison.

Upon his release in October 2003, I had one idea on my mind: Keep my family together and enjoy one another. But with every passing day, I came to realize that our lives had changed forever and that we can never change by switching to a "normal mode" with a press of a button. The healing cannot happen overnight — it is a long and complex process.

Last year, as part of this long process, I decided to write a book to speak about my life during the time my husband was in prison, but also to reflect on the meaning of events



Monia Mazigh

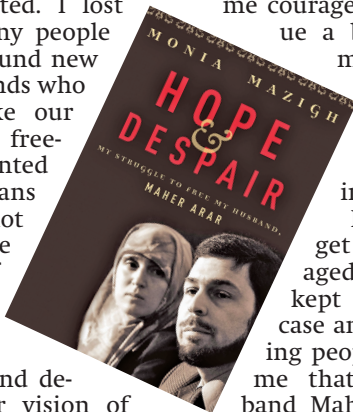
that happened to us as a family. After the events of 9/11, the world entered a new era, where suspicions, religious beliefs, travel, and business dealings can trigger a whole range of security procedures with terrible consequences, such as deportation, imprisonment, and torture.

The year Maher was in prison, I learned new things about myself, and also about Canada. I learned that in our weakest moments, we can

strangely find strength. I also learned that Canada is no longer the idealistic country I immigrated to, where citizens' rights were respected. I lost hope in many people but I also found new friends. Friends who did not take our rights and freedom for granted and politicians who did not play the games of partisanship, but instead looked far and defended their vision of Canada.

Every day during that year I did something to bring justice to my husband and keep my faith in the democratic system, either writing a letter to ministers or meeting with organizations — all this helped me to keep hope that things would eventually change. While I was doing this, I had to raise

my two children and face the hardship of finding a job. It was mainly my role as a mother that kept my feet grounded and gave me courage to continue a battle that many people, including myself, saw as lost in advance. But I didn't get discouraged, and I kept raising his case and convincing people around me that my husband Maher needed justice more than anything else. Eventually, I was heard and Maher came back to Canada. He came as a broken man, changed forever, and we had to learn to rediscover one another.



Monia Mazigh, who lives with her family in Ottawa, is the author of *Hope And Despair: My Struggle To Free My Husband Maher Arar*. The book launched in Ottawa Nov. 6.



MICHAEL DE ADLER

## Letters

Kathryn Bunn, OTTAWA

Every day, Ottawans and tourists alike visit the cat sanctuary of Parliament Hill, and they fall in love with the wonderful cats that meet them so affectionately.

Many of us were saddened by the news that Fluffy, a beloved long-haired brown and white cat, had been taken by a member of the public.

While this individual left a note saying she wished to give the cat a good home, she neglected to understand the profound impact her actions have on not only the caregivers and fans

of the cat colony, but the cat itself.

Fluffy has lived at the colony since he was a three-month-old kitten. Taking a cat that has always been an outdoor cat and putting him in the confines of a home is stressful for the animal. It is difficult for the cat to adjust and learn indoor cat behaviour.

If you want a cat, do not take one from a cat colony that is managed with the help of a group of volunteers and supported by the public. Go to the Ottawa Humane Society. It has dozens of cats in need of homes.

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**Pettitte files for free agency**

New York Yankees pitcher Andy Pettitte filed for free agency yesterday after repeatedly saying he hopes to return to the club next year. Yanks GM Brian Cashman said last week he wants Pettitte to return, but the 36-year-old said Friday he hadn't heard from the team. **METRO NEWS SERVICES**

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# Sports



## Remember, the Titans are 9-0

Kerry Collins, left, threw for 289 yards and two touchdowns as the Tennessee Titans beat the Chicago Bears 21-14 yesterday to remain the NFL's only undefeated team, despite rushing for just 20 yards in the game. The Titans play the Jaguars next Sunday and the New York Jets Nov. 23.

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SPORTS@METRONEWS.CA

## Colts find life, beat Steelers

### NFL ROUNDUP

#### Colts 24, Steelers 20

**Peyton Manning threw for 240 yards and three touchdowns, including the go-ahead score to Dominic Rhodes with 3:04 to play, and the Indianapolis Colts hung on for a 24-20 win over the Steelers, their first win in Pittsburgh in 40 years.**

The Colts franchise last won in the Steel City in 1968 and had gone 0-12 in Pittsburgh, including the playoffs, between that win and Sunday. Reggie Wayne had six catches for 114 yards, and Tim Jennings made a big interception to set up the go-ahead score for the Colts (5-4), who have won two straight to get back above .500 on the season.

### PATRIOTS 20, BILLS 10

Matt Cassel threw for 234 yards and also rushed for a score as New England bested Buffalo, 20-10, at Gillette Stadium. Cassel completed 23-of-34 passes for the Patriots (6-3), who have won three of four. After the Jets' 47-3 thrashing of St. Louis, New York and New England are tied atop the AFC East with the clubs slated to meet on Thursday. Trent Edwards hit on only 13-of-23 passes for 120 yards, one touchdown and two interceptions for the Bills (5-4), who have dropped three straight games and four of five.

### N.Y. JETS 47, RAMS 3

Thomas Jones ran for 149 yards and three touchdowns, as the New York Jets scored early and often on the way to a 47-3 rout of the St. Louis Rams at the Meadowlands.



Mewelde Moore of the Pittsburgh Steelers is tackled by Keyunta Dawson of the Indianapolis Colts yesterday.

The Jets made it a laughter by scoring on each of their seven offensive possessions and adding another score on defense in the first half. The Rams helped with four turnovers, as New York

opened a 40-0 cushion after 30 minutes and cruised in the second half on the way to the largest margin of victory in franchise history. The previous record was 42 in a 45-3 triumph over the Houston Oilers on Sept. 18, 1988.

### DOLPHINS 21, SEAHAWKS 19

Ricky Williams ran for 105 yards and a touchdown to help the Dolphins pull out a 21-19 victory over the Seattle Seahawks. The Dolphins (5-4) notched their third straight win to remain a game behind the New York Jets and New England Patriots for first place in the AFC East. Elsewhere in the NFL it was Atlanta 34 New Orleans 20; Baltimore 41, Houston 13; Minnesota 28, Green Bay 27; San Diego 20, Kansas City 19; Jacksonville 38, Detroit 14; and Carolina 17, Oakland 6.

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## Bosh beats Bobcats

### NBA RESULT

#### Raptors 89 Bobcats 79



**THE SKINNY:** Chris Bosh had 30 points and 15 rebounds, and the Toronto Raptors pulled away late for an 89-79 victory over the Charlotte Bobcats yesterday.

**THE DAGGER:** Andrea Bargnani scored 18 points for Toronto, including a key 3-pointer with less than six minutes to go that put them ahead to stay.

**O-FOR-J.O.:** Jermaine O'Neal was held to five points, all on free throws, going 0-for-5 from the field. He did pull down nine rebounds however, including three on the offensive glass.

**FURIOUS FOURTH:** The two sides then swapped the lead six times in the first five minutes of the fourth quarter. But Bosh took control, outscoring the Bobcats team 14-12 in the final frame.

**THE QUOTE:** "That's what it's about. We don't let things discourage us. That's what I like about this team this year — no matter how things are going, we don't hang our heads. We just figure out how we're going to play things better and we stay in the game mentally." —Bosh after the game.

**THE STAT:** Bosh became the second player in Raptors history to pass the 7,000-point mark in career scoring. He now has 7,011 points.

**THE NEXT GAME:** Tonight against the Celtics in Boston.

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# Going Green

## Oil and water don't mix

Each year, Canadians dump and spill the equivalent of seven Exxon Valdez tankers of used motor oil into Canadian waterways. If you change your own motor oil, don't pour it into the gutter, down a sink or drain, bury it or dump it. One litre of motor oil can contaminate one million litres of water, according to Greenology: How To Live Well, Be Green And Make A Difference by Tanya Ha. METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONews.CA

# The answer is blowin' in the wind

## ScienceMatters

David Suzuki & Dr. Faisal Moola



Energy underpins everything we do. Human societies have become increasingly complex, requiring ever larger-scale sources of continuous energy. Now, energy fuels not only our activities but our economies, as well. If we don't choose our energy sources wisely, we can do more harm than good.

Non-renewable energy sources such as fossil and

nuclear fuels are not sustainable and have also taught us that technological advances often come at great cost. These fuels can never be a long-term solution because they will run out. They also create emissions that pollute our air, water, and soil, and contribute to global warming or long-term radioactive-waste problems.

Renewable energy sources will not run out, and they don't cause the same kinds of environmental problems as non-renewable sources. But that doesn't mean we should adopt renewable energy without any forethought. Biofuels can create problems if fuel production comes at the expense of food production. And wind power, if not properly planned and sited,



Renewable-energy technologies, like wind power, are creating employment and giving economies a boost around the world.

can harm birds and bats (although Danish studies of 10,000 bird kills revealed

that almost all died in collisions with buildings, cars, and wires; only 10 were killed by windmills).

Alternative energy sources are absolutely necessary. Global warming will kill birds and bats, as well as other species, in much greater numbers than wind power. We just need good planning to ensure that our energy production is balanced with ecological concerns. And we need to believe in our ability to devel-

op solutions.

The mental attitude that underlies the way we approach any challenge is a huge part of how well we deal with it, and it applies at national and global levels, as well. For more than 20 years, leading scientists have warned us that the dangers of runaway global warming are so great that we cannot continue along the same path. Yet the response (usually led by the fossil-fuel industry) has been, "It's junk science" or "It's too expensive; it will destroy the economy," or "It's impossible to meet the reduction targets." These kinds of reactions demoralize or paralyze society.

Renewable-energy technologies are creating employment and giving economies a boost around the world. Countries like Denmark and Germany started shifting to renewable energy sources after the OPEC oil embargo in the 1970s. Today, Denmark obtains 20 per cent of its energy from wind power and is aiming at 50 per cent by

2020. Germany obtains 14 per cent of its energy from wind, is the major exporter of wind technology, and has created more than 82,000 jobs in the

wind sector, and more than 200,000 total renewable-energy jobs. Wind power has become the country's fastest-growing job creator over the past three decades.

Even the U.S. Energy Department has concluded that wind power could become the source of one-fifth of that nation's power by 2030, and other studies have shown that wind, solar, and biofuel energy could create five million U.S. jobs by 2030.

The problem with making major inroads on the climate challenge is not a lack of solutions; it is a lack of will.

Take David Suzuki's Nature Challenge and learn more at [www.david.suzuki.org](http://www.david.suzuki.org).

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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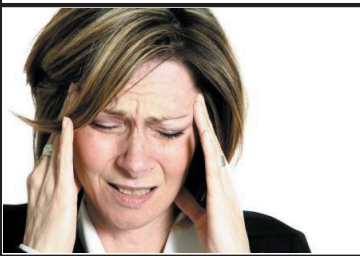
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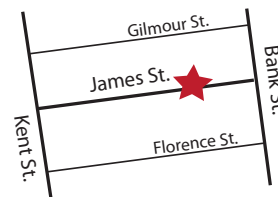
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**How the economic decline is affecting the University of Toronto**

Late last month, higher-ups at the University of Toronto announced the school's endowment fund has experienced a decline and the university is not currently able to assess how the economic decline will affect its ability to borrow in the future. **METRO NEWS SERVICES**

# Workology

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA



## Fight for wood

The Friends of the UNB Woodlot are protesting development on woodlands owned by the University of New Brunswick. The university is leasing some of the property for commercial development, but will preserve much of the land as natural green space. **METRO NEWS SERVICES**

# Yes, I can put an MP3 player in your leg

## OddJobs

**Diane Peters**



“Wouldn't it be neat if you built an MP3 player into my leg?” the 14-year-old boy said to Bryan Steinnagel.

“We've been waiting for someone to ask for this!” Steinnagel replied. The 37-year-old prosthetist from Bloorview Kids Rehab in Toronto and his team of technicians got to work making the boy an arti-

cial leg that integrated his music player and let him plug his headphones in at the hip.

Most of the time, clients just need a plain leg. Some were born without one, or they've lost a limb because of an accident or cancer. Steinnagel meets with them and their families to talk about their lifestyle and hobbies. He then takes a plaster cast of their remaining limb — to get the fit right — and sketches out the rest of the leg.

Using fibreglass, plastic resin and other materials, the team creates some parts of the leg, and orders others (knee joints and feet are particularly hard to make).

Clients test the leg for two weeks, then Steinnagel makes modifica-

tions and uses foam core and fibreglass to hide all the connecting parts and “make it pretty.” For some, that means dressing it up with crazy fabric or flame decals.

The process takes just over a month, and costs between \$10,000 and \$50,000, some of which is covered.

Steinnagel first heard of this career when he met a prosthetist at a job fair in university. Born in Hamilton as

the son of a carpenter, he got into art in high school and studied physical education in university. The prosthetist told him the profession integrated tools, creativity and knowledge of the human body. He had experience with all three. “I can do that,” he thought.

In Canada, there are just three schools that train prosthetists and orthotists (who make braces and splints) and the program at nearby George Brown College accepts only eight students a year. It

took Steinnagel three tries to get in.

He'd been working as a certified prosthetist for five years when the job came up at Bloorview. It was unique to work with kids; most amputees are older people with vascular disease or diabetes.

“It was very different. It blew me away for the first six months, it was a really hard transition,” he recalls. Not only were their body proportions different, but their emotional responses to getting an artificial leg were often intense.

Kids sometimes reject the leg. Eventually, most learn to live with it, but it's a painful process that's stressful to watch. So when a teen walks in wanting an MP3 player in



## The Lowdown

**Job title:** Prosthetist

**Salary:** \$50,000 to \$80,000

**Best Part of the Job:**

“Working with the team here. They are so smart, they are so creative and we play off each other.”

**Worst Part of the Job:** “When people are here due to disease and when that illness takes hold, it's pretty damn sad to see them deteriorate.”

his leg, Steinnagel and his team use it as an outlet. “When we have a creative project, we go crazy with it.”

But he's not sure what to do now. The kid recently asked for speakers.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

## VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication treatment for depression. The purpose of the study is to further our knowledge about the treatment of depression. Treatment duration is approximately 8 weeks and includes a physical exam, blood tests and a psychiatric interview. A 52 week extension of continuing treatment will be offered to those completing the study and eligible for extension. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.



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I am having difficult sleeping.	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down.	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed.	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt.	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities.	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future.	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious.	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions.	<input type="checkbox"/>	<input type="checkbox"/>
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# Break free from the flu

ROBYN YOUNG  
for Metro Canada



**You know that guy who sits two cubicles away and has been coughing and hacking all over his keyboard for the last two days?**

First of all, he should be at home in bed and second, you should stay at least three feet away from him at all times: The flu virus won't make it beyond that distance even in the most explosive sneeze.

As flu season forces itself upon us once again and germs run rampant throughout poorly ventilated offices, two Toronto-area influenza experts say there are some simple ways to avoid contracting the nasty little bug.

"Get your flu shot," says Dr. Irene Armstrong, an associate Ontario public health medical officer.

And don't be afraid the shot will make you sick, she said.

"The flu shot cannot give you the flu; there's no live virus in the vaccine."

Dr. Susy Hota, infectious diseases specialist with University Health Network, says except for peo-



The flu shot may be the best way to steer clear of the flu this season.

ple with special health conditions, everyone should get the shot.

"It protects you from getting sick, but it also protects the people who are the most vulnerable around you from getting sick," she said.

Aside from getting the flu shot, there are a number of additional steps you can take to avoid contracting the virus says Armstrong.

"Handwashing, handwashing, handwashing," she said emphatically.

Wash your hands fre-

quently using soap and water, scrubbing them for at least 15 seconds and rinsing well, she said.

Then use a paper towel to dry them off, turn off the taps and turn the handle of any public wash-room door.

Of course, alcohol-based hand sanitizers also work to kill bacteria but that's only if there's no visible dirt on your hands, she added.

And remember to keep your hands away from your mouth, eyes and nose, she said.

Viruses are easily transferred through these mucus membranes.

Hota suggests being vigilant about keeping your work surface clean.

And if you know you are under the weather with either a cold or flu?

"Don't go to work," said Armstrong.

It's as simple as that, she said; you're not doing anyone any favours by dragging your virus-riddled body to the office where the flu can spread like wildfire among your colleagues.

## Cold and flu facts

- Infants under the age of six months should not get the flu shot.
- People who should definitely get the flu shot are pregnant women, anyone over the age of 65, children under two years, or those who have compromised immune systems.
- Coughing or sneezing into your sleeve rather than your hand is an easy way to avoid spreading the virus.
- An estimated 4,000 to 8,000 Canadians die of flu complications every year.

During recovery period, which Armstrong says can last anywhere from two to seven days, be sure to drink lots of fluids, get plenty of rest and stay away from others — especially those with compromised immune systems.

Both doctors recommended Tylenol for relief of fever, aches and pains associated with the flu and both said good, old-fashioned prevention through hygiene and the flu shot is the best way to steer clear of the flu this season.



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**Two-hour premiere for *Lost***

ABC insiders say that the fifth season of the Emmy-nominated *Lost* will premiere with a two-hour event on Jan. 21, at 8 p.m. **EW.COM**

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# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

## Whoopi on Mars

Comedienne Whoopi Goldberg is in for a gender-bending new role — the actress has been cast to play a man on a new episode of U.S. TV drama *Life On Mars*. **IMDB.COM**



# Bet like Bond

The first words in the first ever James Bond novel describe a casino, so it seems like I should visit one on my quest — an increasingly hopeless one, at this point — to become Bond. Games of chance and casinos play a huge part in Bond books and movies, but Ian Fleming obviously wanted us to know they're part of the same dark, dangerous place where Bond works.

"The scent and smoke and sweat of a casino are nauseating at three in the morning." These were the first words Fleming wrote at the start of *Casino Royale*, his first Bond novel.

The gaming floor of the Fallsview Casino in Niagara Falls, Ont., is open all day and night, seven days a

## Becoming Bond

**Rick McGinnis**

rick.mcginis@metronews.ca



week. It's mid-morning when John Stamatakos, executive director of Table Games Operations, takes me on a tour.

The casinos Fleming described, like Las Vegas in the mobbed-up Rat Pack era, are relics of a different age. The gaming floor Stamatakos oversees is one of the most monitored and government-regulated businesses in the world, but it feels almost otherworldly.

The slots chime and ring, and a small army of dealers, managers, wait staff and security scrutinize everyone.

"The hardest thing for a customer to do when they're winning is stop," Stamatakos tells me.

It's illegal to take pictures on the casino floor, and no one wants to spook the more superstitious players, so Stamatakos takes me to a room in the basement where they train dealers to give me a lesson in baccarat, the game of choice for Bond.

It's a simple enough game — basically, four cards are drawn, and the player that ends up with a combination closest to 9 wins. "People look at the odds and say, out of a hundred hands, probability is 45.8 times to the



Rick McGinnis places a bet while getting a lesson in baccarat from John Stamatakos at the Fallsview Casino in Niagara Falls, Ont.

bank, 44.6 times to the player and the rest is going to be a tie," Stamatakos explains. "They like that better as opposed to another game where they've got six things I've got to think about."

Stamatakos sets me up with a pile of chips and plays the banker, drawing a few hands for me. I start

small and get more reckless. I lose four times out of five, and I'm forced to admit my natural faintheartedness when it comes to gambling, as much as being poor or out of shape or being unable to hit the side of a boxcar with a gun, has made me an ever more unlikely Bond.

## weekend box office

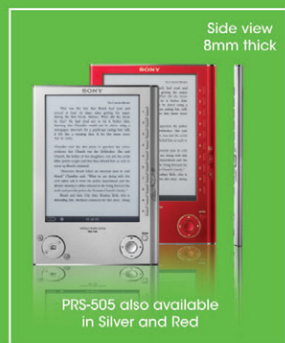
- 1 Madagascar: Escape 2 Africa:** \$63.5 million **US**
- 2 Role Models:** \$19.3 million
- 3 High School Musical 3: Senior Year:** \$9.3 million
- 4 Changeling:** \$7.3 million
- 5 Zack and Miri Make a Porno:** \$6.5 million
- 6 Soul Men:** \$5.6 million
- 7 Saw V:** \$4.2 million
- 8 The Haunting of Molly Hartley:** \$3.5 million
- 9 The Secret Life of Bees:** \$3.1 million
- 10 Eagle Eye:** \$2.6 million **REUTERS**

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## 12 entertainment

Brothers Charlie Sheen and Emilio Estevez will team up for an episode of sitcom *Two and a Half Men*. Estevez will play a drinking buddy of his brother's character. [IMDB.COM](http://IMDB.COM)

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

# Soul Men hits a flat note

## Soul Men

**Director:** Malcolm D. Lee  
**Stars:** Bernie Mac, Samuel L. Jackson  
**Classification:** 18A  
**Rating:** ●●●

ROBYN YOUNG  
for Metro Canada

**Soul Men is a blast from the past in both its plot, about the reunion of a '60s-era R&B group, and its tired 1982-style script and direction.**

The humour hinges on raunchy, unoriginal jokes that include everything from masturbation and nose picking, to unkempt privates and Viagra-pill-popping.

But the late Bernie Mac — he died in August — and Samuel L. Jackson deserve at least some credit for their smoother-than-expected grooving as the aging and forgotten members of the band Marcus Hooks and The Real Deal.

Mac plays a less-funny version of himself as Floyd Henderson, now running a car wash chain, and Jackson is transformed from his *Snakes on a Plane* genius to Henderson's reformed-criminal sidekick Louis Hinds.

After decades apart, the



Bernie Mac and Samuel L. Jackson play a reunited R&B duo in the comedy *Soul Men*.

duo reunites when lead singer Marcus Hooks (John Legend), who shot to fame after dropping the guys in the late '70s, dies. The crooners decide to try their moves one last time for Hooks' star-studded memorial and tribute.

Four days of debauchery ensue as they road-trip across the country to New York City's Apollo Theatre for the performance. Along the way, they try to work out the differences that tore them apart, in-

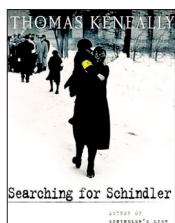
cluding their shared love of a woman. Director Malcolm D. Lee includes all the usual road-tripping antics: Time in jail, sex with a mother-daughter duo, and ongoing chase and fight scenes with a group of gangsta' rappers they rubbed the wrong way.

There's nothing new in this film except for maybe the pairing of Mac and Jackson and in this sense, it's almost comforting in its mindless predictability. It follows a familiar, time-

tested formula: In other words, don't worry about getting up to go to the bathroom.

*Soul Men's* one saving grace is that it's Mac's final performance and for this reason, it may end up generating more box-office returns than it otherwise would have. For Mac fans, it might be worth the time and money to see him for the last time on the big screen. And for anyone else, it's a rental at most.

## The story of writing Schindler's List



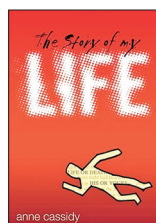
### Searching for Schindler

**Author:** Thomas Keneally  
**Publisher:** Random House  
**Price:** \$28.00 (Hardcover)

If you enjoyed the Holocaust survival book *Schindler's List*, *Searching for Schindler* gives you the story behind the story.

In this memoir, author Thomas Keneally recounts how he pursued the triumphant story of Oskar Schindler — who helped free over 1,000 Jews during the Holocaust — beginning with the time he learned about Schindler from a Beverly Hills luggage shop owner in 1981.

The memoir unfolds as the pair travel the world, hearing the stories of those saved by Schindler and closing with reflection on adapting the book to the Best Picture-winning Steven Spielberg film.

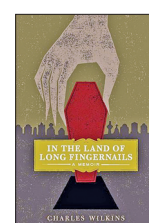


### Story of My Life

**Author:** Anne Cassidy  
**Publisher:** Scholastic Canada  
**Price:** \$10.99 (Paperback)

Kenny Harris' new friend Mack has a dangerous past. When Kenny learns about a horrendous crime his friend committed just a few years ago, the friendship is thrown startlingly into question. After witnessing another of his savage crimes, Kenny finds Mack turns quickly from friend to foe.

Mack sends Kenny to complete a mission for him, but with his girlfriend and family on the line, will Kenny be able to take on the task? In this young adult novel, Kenny must face up to major risk and potentially life-changing consequences.



### In the Land of Long Fingernails

**Author:** Charles Wilkins  
**Publisher:** Viking Canada  
**Price:** \$32.00 (Hardcover)

Does the thought of working in a cemetery send chills down your spine? It should. In Charles Wilkins' candid new memoir his employment as a gravedigger at a suburban Toronto cemetery in 1969 is relayed with no stone left unturned. Wilkins recalls the many bizarre experiences he had while tending to the dead, from finding a calf instead of a corpse inside a coffin to hearing subterranean voices. With nails of humour throughout, the book brings to life the characters and quirks that are part and parcel of a truly odd job.

BRIAN COULTON/  
FOR METRO CANADA

## Michael Jackson back at No. 1

**MUSIC** Thriller is still racking up weeks at No. 1, more than 25 years after its release. Michael Jackson's monster smash has jumped 40 places to No. 1 on Billboard's Top Pop Catalog Albums with sales of 31,000 copies in the week ended Nov. 2.



Jackson

Sony BMG prepared a special version of the album for Apple's iTunes store, which offered the release for just \$4.99 US last week. As a bonus — especially appealing to those in the mood for something scary to watch on Halloween — the download included the landmark music video for the title track.

Of the the album's overall 28,000 unit gain, 99 per cent was made up of digital downloads. So far this year, the title has spent 11 weeks atop the Catalog chart, thanks mostly to its 25th-anniversary reissue earlier this year. The set is 2008's top-selling catalog album.

REUTERS

## Book Picks



## Boy Wonder bounced

Batman's sidekick Robin has had his own TV show cancelled before it has even begun because "the concept doesn't fit the current strategy for the Batman franchise," the CW says. The Graysons was to explore Robin's alter-ego Dick (DJ) Grayson before he paired up with the caped crusader. [IMDB.COM](#)

entertainment **13**

## Idol winner Cook set to release debut album

**MUSIC** In just a few short months, David Cook went from no-name aspiring singer/songwriter to household-name American Idol winner.

His post-Idol single *The Time of My Life* debuted at No. 3 on the Hot 100, the highest entry of 2008.

Now Cook and the team at 19 Recordings/RCA are trying to keep the momentum going with his self-titled debut, due Nov. 18. On *Idol*, he received rave reviews and millions of votes for his hard rock makeovers of pop songs like Lionel Richie's *Hello* and Mariah Carey's *Always Be My Baby*.

With the covers game out of the way, Cook says he wants this new record to be a reintroduction of sorts to his fans. "I came from a background of playing original music," he says, "and I really wanted to get back to that."

## Carell to star in whimsical tale

**CASTING** Steve Carell is attached to star in *The Beaver*, a whimsical tale that's become one of the hottest scripts in town.

The story, from first-time writer Kyle Killen, revolves around a man who walks around with a beaver puppet on his hand, treating it as something close to a human creature with human feelings. Occupying the same fantastical territory as Being John Malkovich and Lars and the Real Girl, it's a winning script, according to those who have seen it.


## In brief

**MOVIES** Stomp the Yard director Sylvain White is in final negotiations to take the helm of *The Losers*, breathing new life into the adaptation of the gritty DC-Vertigo comic book. *Losers* follows a highly trained and eclectic Special Ops team that is set up, betrayed and left for dead.

Global**Style**

## Kenya Hunt

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# Things get eerie when TV, reality mix

Intelle**Vision**



**EVEN I THINK THIS IS EERIE:** Parallels between *The West Wing's* last two seasons and the U.S. presidential race were laid out in detail by the New York Times a week before election day, with an enthusiastic chorus of writers and performers from the show eager to detail the similarities.

It was all pretty weird, but things are definitely getting out of hand now.

We all know by now that Jimmy Smits' Democrat challenger was based on Barack Obama, then a junior senator with little more than a single speech on his resumé as a public figure, but with the appointment of Rahm Emanuel as Obama's chief of staff last week, we see the return of the inspiration for Bradley Whitford's Josh Lyman to the White House, accord-

ing to an US Weekly story.

Emanuel, who has been representing Illinois' 5th District in the House Of Representatives since 2003, and has been the Democrat's caucus chairman in the House since last year, was assistant to the president for political affairs and then senior advisor to the president for policy and strategy for Bill Clinton.

He's famous for the "rotten fish" and "steak knife" incidents (Google it) and earned the nickname "Rahm-bo" during his time in the White House, but is rumoured to have mellowed since then, at least according to a story released by the JTA news agency last year.

Rahmi, who served as a noncombatant in the Israeli Army during the Gulf War and was offered a scholarship to join the Joffrey Ballet as a teenager, is also the brother of Ari Emanuel, the inspiration for Jeremy Piven's character on HBO's *Entourage*, which is where this all starts to get really strange, if you ask me.



**It's no secret that Jimmy Smits' character on *The West Wing* was based on Barak Obama.**

I have a lot of questions for our neighbours to the south, but right now my main one is why, if they wanted The West Wing to stay on the air after Martin Sheen left office, they didn't give it better ratings?

It just seems like an extreme way to go about reviving a political fantasy.

hell, I'd hate to think what you'll do when they cancel Heroes.

The bright side, of course, is imagining the West Wing/Entourage crossover episode when Ari visits his brother in the White House and tries to get the First Lady ("But you've got to wear that

dress.”) to do a cameo in Ocean’s 14.

At this rate, TV critics will have to stop going to upfront week and apply for White House press credentials.

Rick McGinnis writes about music, movies, books and television, but not opera.

PT	Vu		SC	C	7:00		7:30	8:00		8:30	9:00		9:30	10:00		10:30	11:00	
11/10/08	primetime	265	353	2	TVO	Time Team			The Agenda With Steve Paikin			Midsomer Murders			In Korea with Norm Christie			Agenda-Paikin
		211	331	3	GTV	ET Canada		Entertainment	Prison Break (HDTV) (N)			Heroes "Villains" (N)			My Own Worst Enemy			News (N)
		-	-	5	SRC	Virginie (SC)		Les Parent (N)	L'Aubeur du chien noir (SC)			Hauts			Le Téléjournal (N) (SC)			La Zone
		209	342	6	CHRO	Robson Arms		TMZ (N)	Sarah Connor Chronicles			Two/Half Men		Samantha Who	(10:02) The Mentalist			News (N)
		196	311	7	CTV	Hollywood		etalk	Dancing With the Stars			Corner Gas (N)			CSI: Miami (HDTV) (N)			News (N)
		208	303	8	CBC	Coronation St.		Jeopardy! (N)	Dragon's Den (N)			The Border (HDTV) (N)			CBC News: The National			The Hour
		-	360	9	NBC	Wheel-Fortune		Jeopardy! (N)	Chuck (HDTV) (N)			Heroes "Villains" (N)			My Own Worst Enemy			News (N)
		117	713	10	TVA	Les Auditions de Star Acadé			Annie et ses hommes (N) (SC)			Dr. House "Deux frères" (SC)			TVA 22 heures (10:45) Denis Lévesque			
		-	-	11	QS	C't'une joke		Loft Story	CSI: NY (SC)			Bob Gratton		Les Voisines	(10:02) Boston Legal			Loft Story
		137	763	12	TFO	Panorama			Le Record de vitesse sur rail			Trop belle pour toi (1989, Com. dramatique)			Folie-aventure			Croisée
-	362	13	CBS	Dr. Phil (HDTV)			Big Bang Th		How I Met	Two/Half Men		Worst Week	CSI: Miami (HDTV) (N)			Two/Half Men		
216	395	14	OMN2	Cold Case "Discretion"			News (N)			News (N)			Two/Half Men		TBA	Hist Language		
214	344	15	CITY	Law & Order: SVU			Chuck (HDTV) (N)			Celebrity Fit Club			Curb-Enthsm		Less-Kind	News (N)		
115	343	16	CFMT	Two/Half Men		The Simpsons	News (N)			Vivere II		News (N)	The Simpsons		King of the Hill	Metropia		
218	345	18	E!	The Insider (N)		E! News	Name Is Earl		How I Met	How I Met		Worst Week	(10:02) Boston Legal			News (N)		
-	361	20	ABC	News (N)		Entertainment	Dancing With the Stars			Samantha Who			(10:02) Boston Legal			News (N)		
512	396	24	CPAC	Dossier public			À la une						Tête-à-tête			Dossier public		
651	355	25	CTS	Happy Days		Laverne	Michael Coren Show			100 Huntley Street			Life Today		This Is Day	John Hagee		
-	365	36	FOX	TMZ (N)		Seinfeld	Sarah Connor Chronicles			Prison Break (HDTV) (N)			News (N)			News		
-	-	64	PBS	Business Rpt.		Whiz Quiz	Antiques Roadshow			American Experience: 1929			Presidents in Our Back Yard			Tavis Smiley		
205	312	104	CTV	Hollywood		etalk	Dancing With the Stars			Corner Gas (N)			CSI: Miami (HDTV) (N)			News (N)		
502	390	26	NW	CBC News		Newman	The Hour			CBC News: The National			Prince William-Prince Harry			National		
500	500	33	CNN	Lou Dobbs Tonight			Campbell Brown: No Bias			Larry King Live			Anderson Cooper 360 (HDTV)			News (N)		
406	417	27	net	Air Racing From Spain.			World Combat League			Best Damn Sports Show			Sportsnet Connected (Live)			Hockey Central		
126	730	28	RDI	24 Heures en 60 minutes			Grands reportages (SC)			Le Téléjournal (SC)			RDI en direct		Le National	Le Téléjournal		
400	280	30	TSN	That's Hockey!		Monday Night Countdown	NFL Football San		Francisco 49ers at Arizona Cardinals. (HDTV) (Live)									
410	403	52	SCR	RaceNight						(9:15) WWE Monday Night Raw						Score Tonight		
411	457	56	OLN	Ed's Up		Videos	The Academy			Mantracker			Departures			Pilot Guides		
417	406	59	SC	Pinks		Pass Time	This Week in NASCAR (N)			NASCAR Confidential (N)			Barrett-Jackson			Pinks (HDTV)		
554	544	48	TEL	George-Jungle		Bugs Bunny & Tweety Show	Wayside			Johnny Test		Futurama	American Dad		Robot Chicken	Life's a Zoo		
557	540	51	FAM	Wizards-Place		That's-Raven	Zack & Cody		Naturally Sadie		Han. Montana		Life Derek	Ned's School		Cory in House	Zack & Cody	
551	542	65	YTV	Malcolm-Mid.		Home Improve.	Malcolm-Mid.		Fresh Prince		Futurama		Prank Patrol	Mystery Hnt.		Adrenaline Proj	Mystery Hnt.	
570	580	29	MM	mnmmt		Revival	Listed			Coolio's Rules			Parental Advis.		Revival	Party of Five		
615	520	31	A&E	CSI: Miami "Dead Zone"			Intervention "Chuckie"			Intervention "Marie"			I Survived			The First 48		
628	584	32	SPKE	CSI: NY "Time's Up"			CSI: Crime Scene Invstgtn.			Without a Paddle ★★ (2004, Comedy)		Seth Green.				UFC 91 Count.		
521	560	34	TLC	Little People		Little People	Little People		Little People	Jon & Kate Plus 8 (N)			17 Kids-Count		17 Kids-Count	Little People		
145	761	35	TV5	Toute une histoire			Vie privée, vie publique "Bas les masques"						Partir autre		Expression	Journal TV5		
616	521	39	SHO	Love-Death		Love-Death	Painkiller Jane			Kenny-Spenny		Rent-A-Goalie	My Name Is Earl			The Office		
620	523	40	BVO	Desperate Housewives			Ballet Ruse						Bravonews		Chimeras	Law & Order		
520	505	42	DIS	Daily Planet (N)			MythBusters			Dirty Jobs			Canada's Worst Driver			Daily Planet		
575	583	43	CMT	All About (N)		Tara Diaries	Home Improve.		Home Improve.		Reba			Hope & Faith		Hope & Faith	Gone Country	
601	562	45	SLC	End of Leash		ET Canada	Til Debt-Part		Newlywed		Beautiful		Party Mamas	Project Runway			Til Debt-Part	
625	548	46	COM	Air Farce		Just for Laughs	Corner Gas			The Simpsons		South Park	Gabriel Iglesias: Hot and Fluffy			Daily Show		
294	529	47	TBS	House-Payne		House-Payne	The Peacemaker ★★ (1997, Action)		George Clooney, Nicole Kidman.				Family Guy			Family Guy		
600	564	49	H&G	House Hunters		Property Virgin	My First Place		Home to Stay		Property Virgin		Marriage	Income Prop.		House Hunters	Holmes-Homes	
627	528	50	SPC	Lost "Fire Plus Water"			Star Trek			Battlestar Galactica			Eureka			Stargate SG-1		
581	566	53	MTV	The Hills		After Show	MTV News		Cribs		Super Sweet		The Hills	The Hills		After Show	MTV Live	
618	524	54	TROP	TV Made, Do It		Very Bad Men	What Happen?			Make or Break		TV Made, Do It	Planet Soap		Reality	Final 24		
522	506	55	HIS	NCIS "Call of Silence"			Underground War			Underground War			NCIS "Call of Silence"			Bravo Comp.		
129	773	60	CD	Biographies "Heidi Hollinger"			Alerte animale			Superscience (HDTV)			Histoires de crimes (HDTV)			National Geo		
261	394	61	V	Murder, She Wrote			Prime Minister		May-December		McLeod's Daughters (N)			The Protestant Revolution			Mysterious Wy	
602	567	62	W	Will & Grace		Friends	How Clean		House		Love It or List It (N)			Real Est		Kim	Save Us-House	
269	350	70	APTN	Notre People "Chute libre"			La Cité		Mishkuenita		Kabloonak ★★★ (1994, Drama)		Charles Dance.				Closer-Home	
621	527	71	TLK	The Ellen DeGeneres Show			TMZ (N)		etalk		Scream Queens			The Tonight Show-Jay Leno			TMZ	
603	561	95	FN	The Main		Chef at Home	Restaurant Makeover			Good Eats		Ace of Cakes	Kitchen Nightmares			Restaurant		

## critics' corner

## The Border

It may not specifically reference a certain breakaway sect of a certain Utah-based religion, but it's not hard to figure out which headlines this new episode is ripped from. Gray (Graham Abbey) meets his match while investigating a religious sect that's moving underage girls across the border to wed. James McGowan, Sofia Milos and Nazneen Contractor also star in "Articles of Faith." 9 PM on 8 CBC



## Heroes

Hiro (Masi Oka) follows Arthur Petrelli (Robert Forster) into the past to find out what drove him to create Pinehearst and strike at Angela (Cristine Rose). Later, a moment unfolds where Sylar (Zachary Quinto) might have stopped his murderous pursuit of abilities — if H.R.G. and Elle (Jack Coleman, Kristin Bell) had swayed from their monstrous assignment. Then Meredith (guest star Jessalyn Gilsig) watches her new life collapse. 9 PM on 9 NBC 3 GTV





Actress Sarah Jessica Parker says a sequel to Sex and the City: The Movie is still in the discussion stage. Her announcement came after co-star Kim Cattrall seemed to hint that the follow-up film was a done deal. **PEOPLE.COM**

**SATC sequel being discussed: Parker**

## Celebrity Buzz

# Wood tired of Manson rumour

**RELATIONSHIPS** Evan Rachel Wood is sick of the false reports circulating about why she and Marilyn Manson broke up, People.com reports.

"Manson and I both decided to take some time apart so we could concentrate on work. Someone used that opportunity to kick us while we were down and sell a completely false story," the actress said in a statement.

Stories of the couple splitting in a bitter fight over Wood's brother Ira, who had been living with the pair, getting kicked out of the guest house by Manson started popping up this week.

"Manson owns the house he lives in. My brother has never stayed

there and the person that said such horrible things about Manson being 'controlling' and 'emotionally abusive' is certainly no source 'close' to me," Woods says. "Manson has been by my side and taken care of me through the best and worst times. I love him as a person and as an artist. I will always be proud to have been a part of that."

"If any more attacks are made on us, it is the act of a desperate, selfish person, who is angry to no longer be a part of my life. No further comment will be made and we request our privacy at this time."

Manson and Wood began dating in December 2006.

**METRO NEWS SERVICES**

# Cyrus hates sharing bathroom with boys

**PEOPLE** Miley Cyrus has vowed never to get married, femalefirst.co.uk reports.

The 15-year-old singer/actress doesn't want to tie the knot because she hates sharing a bathroom with the opposite sex.

"I'm never getting married because I can't take sharing a bathroom!" she says. "There were five of us on the tour bus recently and we all shared one bathroom. I shared it with three boys, including my dad. It was horrible. I'd have all my makeup out and someone would put

their toothbrush on top of it. That's disgusting! Then my brother used my toothbrush to comb his eyebrows one day. I was like, 'This is getting seriously ridiculous. I'm getting my own bus because I can't handle this!'"

Cyrus also revealed her celebrity status used to intimidate prospective suitors.

"I never got asked out, ever. I am just going to say it's down to the boys being intimidated," she added to TOTP magazine.

**METRO NEWS SERVICES**

# Kidman doesn't want nanny

**FAMILY** Nicole Kidman is refusing to hire a nanny to look after her baby daughter Sunday Rose, even if it jeopardizes her acting career, imdb.com reports.

The actress is besotted with the four-month-old, whose dad is Kidman's husband, country star Keith Urban, and can't yet bring herself to leave her alone

for a second. But she admits she will have to let go eventually, or face retiring from acting altogether.

"I can't bear to be separated from Sunday Rose. That's why I haven't got a daytime nanny, but at some stage I probably will have one," Kidman tells Glamour magazine.

**METRO NEWS SERVICES**

# Drew's beau is face of K-Swiss

**NEW GIG** Actress Drew Barrymore's reported new beau Ed Westwick has signed on as the new face of footwear brand K-Swiss, imdb.com reports.

The 21-year-old Gossip Girl star will appear in a new TV and print campaign for

the trendy sports shoe company which will launch in February, according to E! News Online.

DJ/producer Mark Ronson, and singers Adam Levine and Ne-Yo are also in negotiations for new K-Swiss ads.

**METRO NEWS SERVICES**

# Macpherson to quit modelling

**CAREER** Elle Macpherson is retiring from modelling, femalefirst.co.uk reports.

Macpherson says she believes she is getting too old to walk down catwalks, and thinks it is time to leave that part of her life behind.

"I think I am a bit too long in the tooth to go back to all that," she says of strutting down a runway. "I think of myself more as a businesswoman these days."

She is now set to concentrate on her lingerie line Elle Macpherson Intimates.

**METRO NEWS SERVICES**

# Lewis wants to get married

**PEOPLE** Leona Lewis can't wait to get married, femalefirst.co.uk reports.

The 23-year-old singer, who has been dating electrician Lou Al-Chamaa since she was 17, is looking forward to settling down with her boyfriend and starting a family.

**METRO NEWS SERVICES**

# Renewed vows

**MARRIAGE** Former Spice Girl Mel B. and her husband Stephen Belafonte renewed their wedding vows on Saturday, femalefirst.co.uk reports. The couple flew their closest relatives and friends to Hurghada, Egypt, to make up for them missing their secret ceremony in Las Vegas last year.

**METRO NEWS SERVICES**

## FameThrower

Joe O'Neill



Joe's take on celebrities

Ever run into somebody you used to work or go to school with and they start talking to you and you can't quite place them? That's what I feel like every time I come across **Marilyn Manson's** name. My theory is that, just as with fat white guys on Saturday Night Live, at any given time there can only be one super-edgy goth entertainer who represents everything that a talent agency executive assumes would frighten your grandmother. Right now, that guy is **Criss Angel**, but it used to be **Marilyn Manson**.

Once I recall **Manson** as that oddly attired purveyor of tunes that sound like they were stolen from **Alice Cooper's** reject pile, I can work backwards, like the star of **Celebrity Sludgepile**: **CSI**, to deduce that this **Evan Rachel Wood** person must be the latest actressish type who hitched her fame star to the fading shockmeister. But now they've broken up, and she is lashing out at those who've spread false rumours about the reasons why.

**Wood** just wants us all to know that **Manson** has taken her "through the best and worst times" since they began dating way back in 2006, and that she's proud of her contributions to his artistic oeuvre. That would consist of his 2007 album **Eat Me, Drink Me**, which judging from its sales, both ate it and sucked.

Now **Manson** can move on to the next phase of his career, shocking people by e-mail.

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YEARS

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Today

Variable

6° / 1°

Tuesday

Variable

5° / -1°

Wednesday

Mainly sunny

3° / -4°

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Take Five

1	2	3			4	5	6		7	8	9	10
11			12		13				14			
15					16				17			
18				19		20		21				
			22		23		24			25	26	27
28	29	30				31		32				
33					34		35		36			
37				38		39		40				
41					42		43					
			44			45		46		47	48	49
50	51	52			53		54		55			
56					57				58			
59					60					61		

Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					6	3			
				9	2		5		
6	2	7				9			
7				6		3		8	
	5						7		
	8			1		7		4	
		1					4	5	2
		9		4	5				
		3	7						

Crossword across

- 1 Possess  
4 Beast of burden  
7 Frost  
11 USPS delivery  
13 Fun and games  
14 Foot fraction  
15 Capri or Wight  
16 Scratch  
17 Attend  
18 Larceny  
20 Netting  
22 AAA job  
24 Get smart  
28 Sleepwear  
32 Interruption  
33 “Once — a time ...”  
34 Jewel
- 36 Birds’ home  
37 Pinochle ploys  
39 Worldly septet  
41 Houston team  
43 Friend  
44 Egyptian goddess  
46 Hook-nosed Muppet  
50 Titanic vanquisher  
53 Uppermost  
55 Lumber  
56 Provo’s state ...  
57 ... and its country  
58 Beach stuff  
59 Carry on  
60 Pea house  
61 Fellows

Crossword down

- 1 Leave out  
2 Cleanse  
3 Cleopatra’s river  
4 Upper limb  
5 Line of fashion?  
6 Threaded nail  
7 Timeline points  
8 Lennon’s lady  
9 Performance  
10 Pi follower  
12 On both sides  
19 Huck’s chum  
21 Part of R.S.V.P.  
23 “— the Dog”  
25 Fencing prop  
26 Cold War initials  
27 Household critters
- 28 Cougar  
29 Tarzan’s clique  
30 Shock somewhat  
31 Wield a needle  
35 Clear the decks  
38 “Help!”  
40 Run-down horse  
42 Stop slouching  
45 Mediocre  
47 Ark builder  
48 Region  
49 Probability  
50 Plant prickle  
51 Timetable abbr.  
52 Took off  
54 Writing tablet

PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:

P	E	S	T	S		S	P	A		F	D	A
A	T	T	I	C		T	I	M		L	O	G
S	H	A	R	I		E	P	I	T	A	P	H
		P	E	O	P	L	E		A	R	E	A
A	W	L		N	I	L		O	B	E	Y	S
D	E	E	D		C	A	M	E	L			
S	T	R	E	A	K		A	R	E	T	H	A
			C	R	Y	P	T		T	A	I	L
B	O	S	O	M		A	I	M		P	E	P
O	V	I	D		J	U	N	I	O	R		
W	I	R	E	T	A	P		C	L	O	S	E
E	N	E		O	D	E		A	L	O	U	D
R	E	D		P	E	R		S	A	M	B	O

7	8	3	1	9	6	4	2	5
5	6	2	7	4	3	8	9	1
9	1	4	5	8	2	7	6	3
2	5	8	9	1	4	6	3	7
3	4	9	6	5	7	2	1	8
6	7	1	2	3	8	9	5	4
1	3	7	4	2	9	5	8	6
4	2	5	8	6	1	3	7	9
8	9	6	3	7	5	1	4	2

Find today’s answers + play more games at metronews.ca

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....	Smart
Under 13 min .....	Genius	
13-17 min .....	Scholar	
	21-25 min .....	Not bad
	25+ min .....	Keep practising

Recipe of the day



Balsamic Veal Escalopes

INGREDIENTS:

- 1 lb (500 g) cherry tomatoes
- 1 tbsp (15 mL) olive oil
- 4 veal escalopes
- 2 oz (60 g) butter
- 2 tbsp (25 mL) balsamic vinegar
- 2 tbsp (25 mL) snipped fresh chives

METHOD:

- Preheat oven to 350°F (180°C). Toss tomatoes in oil, then place in a roasting pan and bake for 12–15 minutes.
- Meanwhile, lay out veal pieces between two sheets of plastic wrap. Using a meat mallet or heavy rolling pin, pound veal to flatten it.
- Heat butter in a frying pan until it starts to foam, add veal and cook over a moderate heat for 2 minutes on each side, or until tender. Remove from the

pan and set aside in a warm place.  
4. Pour balsamic vinegar into the pan with buttery juices. Stir, then bring to boil. Cook sauce over a high heat for 5 minutes, or until sauce has reduced by half.  
5. Return veal to the pan briefly to reheat, then sprinkle with chives before serving with cherry tomatoes.

PER SERVING

361 calories, 22 g total fat, 10 g saturated fat, 3 g carbohydrate, 2 g fibre, 38 g protein

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Reader's Digest

Transit Action

Divas Dozen

Horoscopes

AVATAR VENUS

**ARIES**  
**MARCH 21-APRIL 20**

An awful meeting will give you some good cheer. It's time to buy something old. A mature friend will do a favour for you.

**TAURUS**  
**APRIL 21-MAY 21**

Worry evaporates when you start to make money. All shall be well sooner than expected. A missing person arrives after a problem is fixed.

**GEMINI**  
**MAY 22-JUNE 21**

A hard worker stumbles while getting something done. A careless conflict can be resolved. A tranquil person is involved in a commotion.

**CANCER**  
**JUNE 22-JULY 22**

An honourable person makes a suggestion. Be more lenient to help your cause. Someone will offer you money.

**LEO**  
**JULY 23-AUG 23**

Being sweet will get you what you want. Inattentiveness will lead to harsh words. Increase your health insurance.

**VIRGO**  
**AUG 24-SEPT 22**

A wardrobe malfunction could lead to embarrassment. A self-important fool's mistakes will create mirth. Be brave enough to do what needs doing.

**LIBRA**  
**SEPT 23-OCT 23**

You'll perform some damage control. A spiritual person tries to influence an ill-mannered guy. Help out a resentful woman..

**SCORPIO**  
**OCT 24-NOV 22**

A domestic man gets back to normal. You'll become a statistic if you don't pay attention. Your fondness grows for a low-key lackey.

**SAGITTARIUS**  
**NOV 23-DEC 21**

A friend is going through a tough time. Your energy level increases and targets are met. Nature triumphs over nurture.

**CAPRICORN**  
**DEC 22-JAN 20**

You'll find what you're looking for. Don't use deceit to get what you want. Say goodbye to a dreadful situation.

**AQUARIUS**  
**JAN 21-FEB 18**

An awesome sight jogs somebody's memory. Something that was lost isn't needed. A good-for-nothing guy arrives with a smile.

**PISCES**  
**FEB 19-MARCH 20**

Avoid someone who is mulling things over. A bad-tempered nuisance makes you livid. Visit the person who loves you the most.

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**This day in history**

NOV. 10, 1520: Danish King Christian II executes dozens of people in the Stockholm Bloodbath after a successful invasion of Sweden.

NOV. 10, 1775: he United States Marine Corps was founded.

NOV. 10, 1928: Michinomiya Hirohito is crowned the 124th Emperor of Japan, Emperor Showa.

NOV. 10, 1940: Walt Disney begins serving as an informer for the Los Angeles office of the FBI; his job is to report back information on Hollywood subversives.

NOV. 10, 1951: PDirect-dial coast-to-coast telephone service begins in the United States.

METRO NEWS SERVICES



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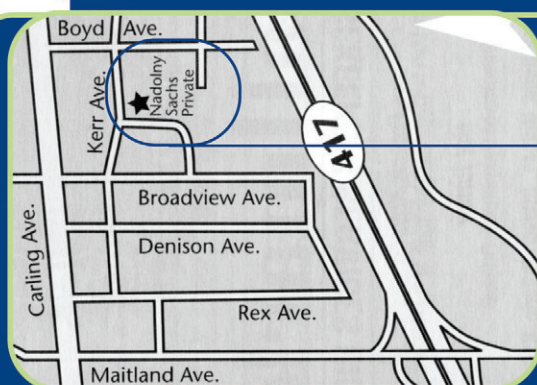
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